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Let's Be Real: Living Life As An Open And Honest You



Synopsis

From singer, model and YouTube celebrity Natasha Bure, the daughter of Candace Cameron Bure, comes a real, honest conversational book that doesn't hold back. Everywhere she goes and every video she posts has one basic message: this is real, this is life, and we all go through it. Whether it's acne, boyfriends, faith, stress, or having fun, Natasha's view is to simply be honest, simply be real, no matter what you face. Natasha's real and relatable tone paired with personal notes and stories will help readers see that living a "real" life is the best life. Let's Be Real features a stunning dust jacket with embossing and foil.

Book Information

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Customer Reviews

Natasha Bure is the daughter of actress and New York Times bestselling author, Candace Cameron Bure, and former NHL All-Star forward, Valeri Bure. Natasha's passion for music and entertainment began at the age of 10. She has appeared in ABC Family's hit show Make It or Break It as well as in Hallmark's The Heart of Christmas. Natasha's unique vocal style and creative songwriting have been featured in national performances on ABC's daytime talk show, The View, and she was a participant on NBC's top-rated reality singing competition, The Voice. In addition to Natasha's core values of faith and family, she enjoys playing tennis and staying active with her friends. She grew up in South Florida and now happily resides in Southern California with her family. View Natasha's posts on Youtube at <http://www.youtube.com/user/NatashaBure/> and on Instagram @natashabure!

I liked Natasha when she first started her YouTube Channel. But after she got so many followers on Instagram, she changed. Her book is not from the heart. Just a few weeks ago she photoshopped a picture of herself where she made her legs look skinnier and her butt more round. I honestly couldn't believe it. And even after she wrote this book. Sorry, 18 is no age to be writing a book, here she is preaching about being an authentic you, and she is photoshopping her pictures and using her mom for fame. I do not recommend this book at all, I through mine in the trash I didn't even want to give it away. I am very disappointed in Natasha.

I wanted to like this book. I really did. I have a daughter who is almost 17 and one who is almost 13. I thought that this would be a great book for them to read and learn from. My expectations were high. Well...here's the thing. I don't really like to write negative reviews. I mean, look at this girl on the front of the book! She's so cute...and her mom is Candace Cameron! Okay, enough dragging my heels...here's my review. This book is a kind of "self-help" book for girls, full of ideas of how to overcome different challenges that teen girls face. Different topics are addressed such as dating, style, makeup, skin care, friendships, faith, parents, communication, and more. The author fills the book with stories of how she met these challenges head on and overcame them. Not much rhyme or reason as to how the topics are organized that I could discover, but they do cover a vast swath of teenaged life. So -- what did I like? I liked the message to be real, be yourself, be the person God made you to be. I liked her positive outlook and tone. What didn't I like? She's just out of high school. And sounds like it. Remember all of those valedictorian speeches? The ones that sound like they have just about got the world conquered? Yeah, this is like that. Does that sound shallow to you? Take it in the same vein as not wanting to take parenting advice from someone who has no children or a 1 year old. I thought maybe I was being too hard on the book, so I had my daughter read it as well. She noted some different things that she wasn't a fan of...such as the author seems to give all kinds of advice, but not really back it up with Scripture, so it was just pretty much her own life stories, suggestions, and ideas. My daughter also said that she would rather take advice from someone who has more life experience. I applaud this young woman for her sincerity in wanting to help others, that is a great heart attitude. The book is nicely made, with a nice dust-jacket. If you are a young person who likes to get advice from a peer or near-peer, this would be a great book for you! Disclosure of Material Connection: I received this book free from the publisher. I was not required to write a positive review. The opinions I have expressed are my own. I am disclosing this in accordance with the Federal Trade Commission's 16 CFR, Part 255 : "Guides Concerning the Use of Endorsements and Testimonials in Advertising."

Advice and opinion from a teen to teens “does that sound weird to you? While my intended punchline would have been fitting, it would have seriously detracted from the actual content. Sensible and personal for the intended audience of [Christian] teen girls, the author provides a personal and opinions without the polarization of other Christian-influenced guides. For those that are not part of the audience, you may sense a particle air to the author’s thoughts that are indescribable “ maybe it’s because I am familiar with the author’s family and know they have a unique reputation. Let’s be real is the debut book by Natasha Bure in which she elaborates social issues with her life experience forming a quasi-autobiographical narrative of her life experience for teen girls who are in middle school and up. For those that are completely oblivious, Natasha Bure is the oldest daughter of Candace Cameron and part of a family of social conservatives (her uncle is Kirk Cameron) who follows in her mother’s footsteps in several ways. Intent on sharing her life experience which has been punctuated with personal conflicts, she covers the spectrum of problems that teenagers face as mundane as fashion and beauty to more provocative matters like sex and relationships. With a very heavy Christian influence (though not as preachy as other books) she reiterates a genuine lifestyle by serenity prayer approach of accept the imperfections of existence, the perseverance to adhere to positive ethics. It is very wholesome and informative book for the Christian teen (or any teen or adult, for that matter) looking in for advice and encouragement about healthy and realistic living “ I find it hard to believe that a woman as young her could provide such wisdom and perhaps that juxtaposition that stands out so much to me. Admittedly, I know very little about the author. She only came to my attention when the 700 club did a piece on her and her book (this one) that just came out and having read it, there is a distinct disconnect with between her actions and words. Starting with her declaration with as early as loc. 250 (this review is for the e-book version) when states she will not go to college and be “putting my all into music”, she begins a series of immediate solutions that I think I are beyond scope of her audience such as her relationship with personal trainer and hair stylist (who actually worked with her mother from her “Full House” days). In a Chapter regarding fashion, she states “If you’re applying for an internship at a hip local magazine, add the funky necklace you found at a flea market to showcase your individuality” what 18-year-old would consider an internship when most are seeking a paying job? In the last chapter regarding faith, she writes “my senior year of high school, there was a group of five girls who met at my house every Wednesday for a Bible Study. It was such a great way to break up the week and take time to come together for

fellowship. What kind of 18-year-old writes like this? The answer is not your average teenager or else there is a ghostwriter involved somewhere in the writing process. Without a doubt, the author has the privilege in the relationships she had from her family to God, she is quick to point the overarching narrative of positive and negative relationships and how that experience affected her. Whether it's her relationships with her friends or her next meal, she creates an inspiring message about positive self-esteem and character building can inspire readers to develop those personal skills and seek the positive external influences to attain a better self-image a "real self". The content related to faith was little more questionable for better or worse, it is not stereotypically Christian as other books with the author staying somewhat neutral throughout her narrative, which is an odd thing to declare most chapters are prefaced with a Bible quotation and other secular sources. She's kind of a laid-back version of her uncle.

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